

Horizons

Newsletter of the Colchester East Hants Health Centre Foundation

2014 Gala - Expanding the Possibilities Annual fundraiser a success

On Wednesday, December 10th, the Foundation celebrated its 26th year with the annual Gala fundraiser, netting approximately \$120,000 in support of new equipment and other patient care enhancements at the Colchester East Hants Health Centre. The healthcare field is continually changing, and the Foundation strives to ensure that the health centre stays as up-to-date as possible, bringing quality care closer to home.

Last year we looked back upon the first 25 years of the Foundation's work, but this year we looked ahead to all the exciting things that are yet to come, with the theme "Expanding the Possibilities," presented by Eldis Group. There were lots of great live auction items, from travel vouchers to hockey memorabilia to a dinner with Lennie Gallant. Our silent auction had close to 200 items ranging from gift certificates and artwork, to adventures and experiences. There was definitely something for everyone!

As anticipated, the Balloon Blitz and Charm Diamond draws were a huge success again this year. Dr. Catherine Folinsbee was the big winner of the \$1,000 cash from the



Balloon Blitz, and donated the cash back to Foundation! For the Charm Diamond draws, Eleanor Norrie won the beautiful Blueberry, Chocolate and Vanilla diamond ring, Derek Forsythe took home the 12 Days of Christmas Chamilia bracelet, while Alain Bégin left the evening with the Dancing Diamond pendant.

It was truly a wonderful evening. Many thanks go out to all those in attendance that night, to those donating to our auctions, and to the volunteers who helped make the night come to life. Also, a special thank you to the Gala organizing committee for all their hard work – we're very grateful to have such faithful supporters. 



New video testimonials!



The Foundation has been busy this fall shooting three new video testimonials, which were debuted at this year's Gala. Earl Casey, the Crawford family, and two Medical Education students were the subjects, each telling us

about their experiences with the health centre and the difference your support makes.

To view these videos, visit our Facebook page, or check out the Foundation website at:

www.RootedInCommunitySupport.ca

The Crawford family tackling Type 1 Diabetes one day at a time



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Colchester East Hants Health Centre Foundation
Rooted in community support.

Update: 2014 Fall Appeal Campaign

The 2014 Fall Appeal campaign is well underway, and so far our community has donated \$65,000 towards replacing a vital piece of equipment and a new online booking system for blood collection appointments.

One **anesthesia machine**, which came with us from the Colchester Regional Hospital, required replacement. The typical lifespan of an anesthesia machine is 15 years and, in six months, the current machine will no longer be serviceable. A new machine will provide more accurate information, while ensuring patients are cared for more efficiently.

The last phase of the **Qmatic system**, where patients can book blood collection appointments online, has already been put into use, and so far the system seems to be working well. "Overall it has gone very well," says Jill Skinner, Director, Organizational Performance. "Since we went live in mid-November, 55% of our bloodwork visits have been by

The Foundation wouldn't be able to provide our doctors with such valuable tools if it wasn't for the support of our donors.

appointment. The average wait time for registration and collection is significantly lower for those who arrive by appointment."

A year ago, the Fall Appeal campaign raised funds for a **portable ultrasound machine**, for the Pain Clinic. Dr. David Smith has been using it with his patients, saying it has made a positive impact on the health and wellbeing

of the people that he sees. "To say that it has had a positive impact on my practice would be an understatement," said Dr. Smith. "It's like having a fog lifted off your eyes and being able to actually see the structures that I am interested in."

The Foundation wouldn't be able to provide our doctors with such valuable tools if it wasn't for the support of our donors, and we can't thank you enough. It's important to remember that even with a beautiful new health centre, the technology changes constantly and therefore our needs are ongoing.

If you're interested in making a donation to the 2014 Fall Appeal campaign, please contact the **Foundation office** at **902-893-5541**. Donations made by December 31, 2014, will receive a charitable tax receipt for the 2014 tax season. 



Darlene Holmes, Cancer Patient Navigator

We Care About Cancer Fund nominated for 100 Women Who Care

In March, the **100 Women Who Care** will host their fourth meeting, with the Foundation's **We Care About Cancer Fund** one of the nominees. The fund was established in 2013 and helps those diagnosed with cancer worry less about the financial burden of the disease. Having to choose between undergoing treatment and buying groceries is one of the decisions many are faced with, however the fund was created to make that decision easier for the patients.

Darlene Holmes, Cancer Patient Navigator, is excited to be a nominee at the next event. "We're really looking forward to the event and letting these

women know how we help cancer patients right here in our community," said Holmes. "The fund provides assistance to our patients, so they can focus on healing. Knowing the significant amounts of money the previous winners have received, we could certainly help a lot of local families battle the disease if they were to choose our fund." 



*The next 100 Women Who Care event is scheduled for **March 3, 2015**.*

Team SOS supports We Care About Cancer

If you're ever around Shortt's Lake in the summer, you might notice a group of ladies enjoying themselves in a Dragon Boat out on the water. That would be Team SOS, or Survivors on Shortt's Lake – a team of breast cancer survivors and supporters, who train on Shortt's Lake. With approximately 30 members currently on the team, they travel all over competing in various races, all while sharing the highs and lows of each other's lives. The team often does fundraising for their own needs, but they also take the time to fundraise for other causes as well. Recently, they put together a basket of goods donated by team



Team SOS, a Dragon Boat Team that trains on Shortt's Lake, Colchester County

members, including a \$175 Winners gift card. Team members sold raffle tickets on the basket and raised \$1,950, which was used to buy gift cards for We Care About Cancer fund recipients. Pictured here giving the gift cards to Cancer Patient Navigator Darlene Holmes is Pam Tonary, Sheila Clarke, Margaret Ann Dauphinee, and Jane Rogers. Thanks to all the Team SOS members for supporting such a worthy cause!



Colchester East Hants Health Centre Stats

Mammography

(Oct 1, 2013 – Sept 30, 2014)

Mammography Exam-Volume 2,348

Births/Deliveries

(Oct 1, 2013 – Sept 30, 2014)

Count 447

Graduates from Cardiac Maintenance

(Oct 1, 2013 – Sept 30, 2014)

Count 49

Blood Collection Volumes

(Oct 1, 2013 – Sept 30, 2014)

Count 66,943

Total ED Visits

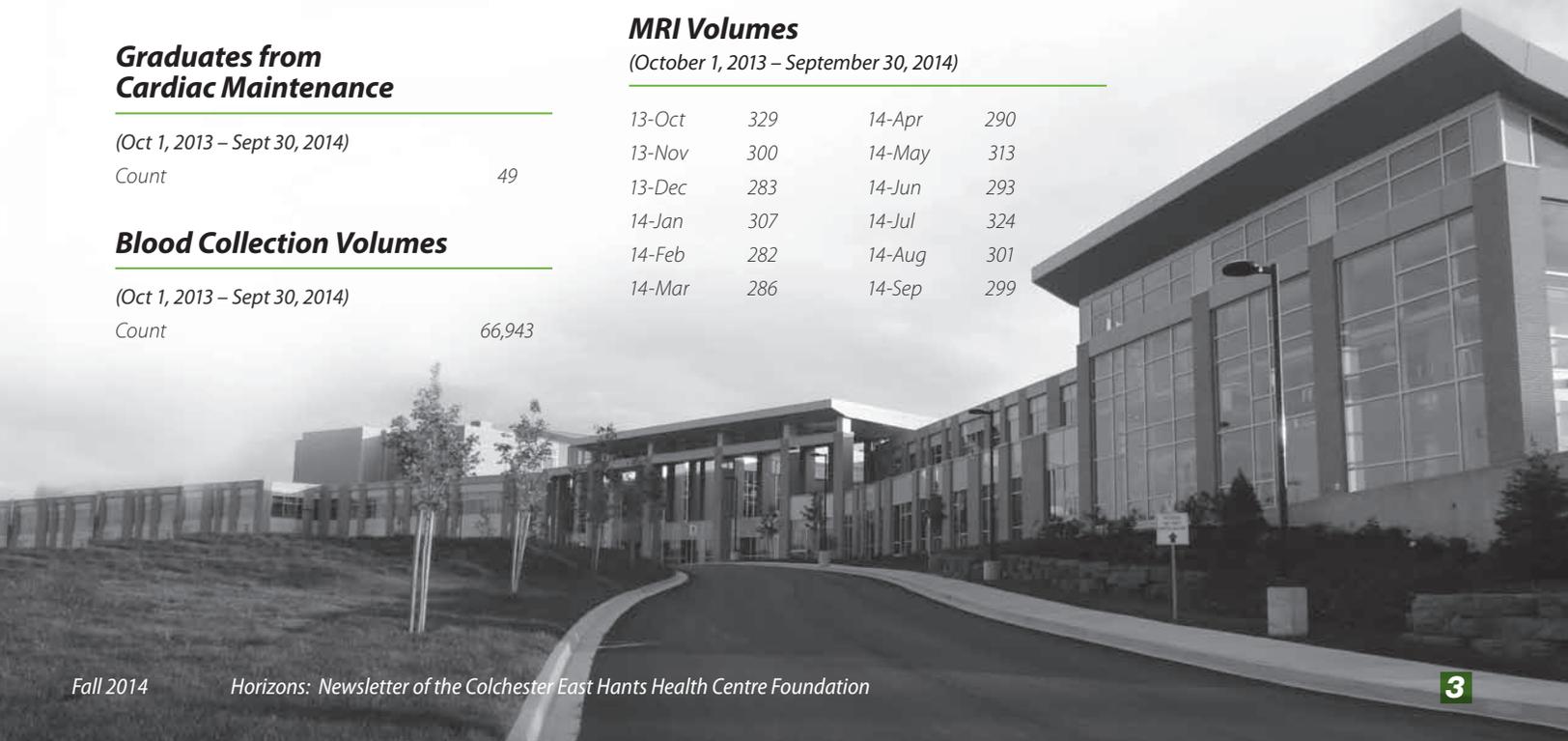
	Resuscitation	Emergent	Urgent	Less Urgent	Non Urgent	Total
Oct – Dec 2013	10	404	3,643	3,277	256	7,590
Jan – Mar 2014	9	448	3,545	3,015	330	7,347
Apr – Jun 2014	12	465	3,412	3,175	364	7,428
July – Sept 2014	13	495	3,468	3,656	406	8,038

Yearly Total 30,403

MRI Volumes

(October 1, 2013 – September 30, 2014)

13-Oct	329	14-Apr	290
13-Nov	300	14-May	313
13-Dec	283	14-Jun	293
14-Jan	307	14-Jul	324
14-Feb	282	14-Aug	301
14-Mar	286	14-Sep	299



Charitable Donations

December 31, 2014 is fast approaching! To help you prepare for the 2014 tax season, here is some information on charitable donations:

What types of gifts qualify for charitable tax credits?

Answer: Donations of cash, goods, land, or listed securities (i.e. stocks) to a registered charity or other qualified donees are eligible for a charitable tax credit. For a donation to be eligible for the charitable tax credit, the transfer of ownership has to be voluntary.

Examples of donations that **usually qualify** for charitable tax credits include:

- money;
- securities;
- ecologically sensitive land;
- certified cultural property;

- capital property;
- personal-use property (such as prints, etchings, drawings, paintings, sculptures, jewelry, rare folios, rare manuscripts, rare books, stamps, and coins); and
- inventory (such as art, antiques, rare books).

The following **do not** usually qualify for charitable tax credits:

- contributions of services, such as time, skills, effort;
- certain admission fees to events or to programs (e.g. fees for daycare or nursery school facilities, event tickets, etc.)
- the purchase price of a lottery ticket or other chance to win a prize, even though the lottery proceeds benefit one or more charities; and
- the payment of tuition fees (exceptions exist)

For more information, visit the Canada Revenue Agency website at www.cra.gc.ca

 Help the Foundation help the environment by reducing the use of paper. If you wish to receive this newsletter by e-mail instead of by mail, please contact us at

crh.foundation@cehha.nshealth.ca

The Colchester East Hants Health Centre is pleased to provide this newsletter to inform and assist with your estate and financial plans. While we believe that the information and opinions contained in this newsletter are accurate, we strongly urge you to consult with your own professional advisors to verify both the accuracy and the relevancy of the information to your situation.

The Colchester East Hants Health Centre Foundation and its employees and agents assume no responsibility for errors or omissions, or for damages arising from the use of the published information and opinions contained in this newsletter. The Foundation's Planning Newsletter is provided as a special service to donors and friends through the planned giving program.

Your comments and suggestions are welcome. Please direct them to:

Colchester East Hants Health Centre Foundation
600 Abenaki Rd, Truro, NS, B2N 5A1
Tel: 902.893.5541
e-mail: crh.foundation@cehha.nshealth.ca

CEHHC Foundation to remain local

As April 1st, 2015 approaches and the nine health authorities (plus the IWK) merge into two, the Foundation would like its donors and supporters to know that nothing will change with how your Foundation will operate. Though the Colchester East Hants Health Authority will be zoned with Pictou and Cumberland counties, funds raised for your health centre will stay in your health centre, and will not be spread out among the new zones. Your donations will continue to fund new equipment and patient care enhancements within the Colchester East Hants Health Centre, and the Foundation will continue to gratefully accept your support. If you have any questions, please don't hesitate to contact the Foundation office – we'd be happy to talk with you. 




Colchester East Hants
Health Centre Foundation
Rooted in community support.

**Colchester East Hants
Health Centre Foundation**
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