



# Hiking Summit 2017

## Detailed Program

April 28, 29 & 30 – Tatamagouche, NS  
 Celebrating Hike NS's 10th Anniversary!

### Partners



### Presenting Sponsor



Summit participants are responsible their own transportation to, from and between events. They are also responsible for arranging and paying for their own accommodations and meals that are not included as part of the Summit.  
 Most hikes are led by the Cobequid Eco-Trails Society (CETS).

### Friday, April 28:

1:30 - 4:30 pm	<b>Hike – Rogart Mountain Trail</b> <u>Leaders:</u> CETS Directors <u>Distance return:</u> 6.3 km <u>Difficulty level:</u> Challenging <u>Description:</u> Includes some significant hill climbing and rocks and roots on trail <u>Meet at:</u> Sugar Moon Farm (221 Alex MacDonald Rd., Earltown)	<b>Hike – Jane's Falls Trail</b> <u>Leaders:</u> CETS Directors <u>Distance return:</u> 4 km <u>Difficulty level:</u> Easy <u>Description:</u> Part of the Rogart trail with very little hill climbing or rough terrain <u>Meet at:</u> Sugar Moon Farm (221 Alex MacDonald Rd., Earltown)
4:30 - 7:30	Supper at Sugar Moon Farm for those who pre-registered (221 Alex MacDonald Rd., Earltown) <i>(there is no option to do this last minute - you must have registered and paid for this in advance when you registered for the Hiking Summit)</i>	
4:30 - 7:30	Supper on your own (for those who did not register and pay in advance for the Sugar Moon Farm supper)	
7:30 pm  Tatamagouche Creamery Square, 39 Creamery Rd.	<b>Registration and Social</b> Includes light snacks, refreshments & cash bar <b>Pecha Kucha Presentations: Stories from the Trail</b> <ol style="list-style-type: none"> <li>Ladies Only Cape to Cape Trail Building Weekend - Fran Wyman and Margie Parker</li> <li>Exploring beyond trails in Nova Scotia – Benoit Lalonde</li> <li>Five Islands - Jonathan Riley</li> <li>Hiking in Nepal - Gail Brown</li> </ol> <b>Mini Film Fest: Short Video Presentation</b> <ul style="list-style-type: none"> <li>Maple Madness: A History of Maple Syrup Production in Canada - by Emma Cook from Truro</li> <li>500 Days In The Wild - by JL Munce about Dianne Whelan's trek on the Great Trail</li> </ul>	

### Saturday, April 29:

<i>Breakfast on your own</i>		
8 - 9 am	<b>Hike – Dorje Denma Ling Hike</b> <u>Leaders:</u> Ginny Guthrie <u>Distance return:</u> 3-4 km <u>Difficulty level:</u> easy <u>Description:</u> The hike on the Dorje Denma Ling property has little difficult terrain and moderate hill climbing <u>Meet at:</u> Dorje	<b>Hike – Butter Trail (rail trail)</b> <u>Leader:</u> CETS Directors <u>Distance return:</u> 4-5 km <u>Difficulty level:</u> easy <u>Description:</u> This hike is on the rail trail and through the village, with little hill climbing and is on sidewalks or trail <u>Meet at:</u>

	Denma Ling office, 2280 Balmoral Rd., Tatamagouche	North Colchester High School (90 Blair Ave., Tatamagouche)
9 am North Colchester High School, 90 Blair Ave.	<ul style="list-style-type: none"> <li>● <b>Registration</b> and coffee</li> <li>● <b>Silent Auction Starts</b></li> <li>● <b>Trade Show Opens</b></li> </ul>	
9:30 am	<b>Welcome and Introductions</b> – <i>Garnet McLaughlin, Hike NS President</i> <ul style="list-style-type: none"> <li>● Greetings from local officials</li> <li>● Overview of Hike NS</li> <li>● Hike NS Awards</li> </ul>	
10 am	Concurrent Sessions	
	<b>Mi'kma'ki, the Land of the Mi'kmaw and the Verb Based Language of the Traditional Place Names</b> <i>Gerald Gloade, Mi'kmawey Debert Cultural Center</i> Just as the Country of Canada is divided into the 10 Provinces and 3 Territories, Mi'kma'ki, the Land of the Mi'kmaw, was divided into 9 distinct Districts. We will look at these areas through the Mi'kmaw language, a verb based language that describes how each of these areas got their name.	<b>or</b> <b>How to Prepare for a Backpacking Trip</b> <i>Heather Davis, avid hiker and backpacker</i> Learn an approach to planning for a multi-day trip designed for safety, comfort, and fun!
10:30 am	<ul style="list-style-type: none"> <li>● Coffee and refreshment <b>Break &amp; Networking</b></li> <li>● <b>Silent Auction continues (Bid often!)</b></li> <li>● <b>Trade show continues</b></li> </ul>	
11 am	Concurrent Sessions	
	<b>We Built It..... And People Keep Coming</b> <i>Alice Power, Chair, Friends of the Pugwash Estuary</i> Providing an easily accessible public venue and activities to engage people can and will entice a reconnecting with nature as well as engagement in an active, outdoor lifestyle.	<b>or</b> <b>Geocaching: not just finding Tupperware in the Woods</b> <i>Kevin Conrick, Association of NS Geocaching</i> Get an introduction to geocaching and see the different types of geocaches you could find.
11:30 am	<b>Pecha Kucha Presentations: Stories from the Trail</b> <ol style="list-style-type: none"> <li>5. Nature - Ancient people's shopping mall - <i>Norris Whiston</i></li> <li>6. Machu Picchu - <i>Gordon Warnica</i></li> <li>7. The Best of the Trans Canada Trail- Western Canada - <i>Michael Haynes</i></li> <li>8. Earn Your Views Naturally Active in Victoria County - <i>A Winter Wonderland - Vince Forrestall</i></li> </ol>	
12 pm Royal Canadian Legion, 80 Queen St.	<b>Lunch</b>	
1:15 pm North Colchester High School, 90 Blair Ave.	<b>Keynote: Dianne Whelan</b> <i>Dianne Whelan, award-winning Canadian filmmaker, photographer, author and multimedia artist who is traveling the longest trail in the world, The Great Trail (The Trans Canada Trail)</i> The Great Trail will be the longest trail in the world when it officially opens in July 2017. B.C. documentary filmmaker and author Dianne Whelan is on a solo 4-year ecological pilgrimage across the 23,000 km Great Trail making her next feature film – 500 Days in the Wild. July 1, 2015 in St. John's NL. Dianne began hiking, biking, paddling, skiing and snowshoeing across Canada on this trail that links 1000 communities and touches all three coasts: Atlantic, Arctic and Pacific. She is now near Sault Sainte Marie, Ontario prepping to canoe Lake Superior. Along the way she is filming her experiences, collecting stories of the land, people and communities and asking "what have we forgotten and what do we need to know?". With Newfoundland and Acadian ancestry, Mi'kmaq great-great-grandparents, Dianne's journey is about building bridges between diverse cultures. Included in the 23,000 km are many rugged hiking trails. Dianne will share the misadventures and profound encounters she has experienced while on the trail with a focus on the parts of the trail she has hiked or snowshoed. In New Brunswick it was snowshoeing the Dobson Trail and hiking the Fundy Footpath in early spring. In Quebec it was Sentier de l'Orignac and La Traversée de Charlevoix. In Northern Ontario it was snowshoeing the Voyageur Trail. Dianne will also share her experience on the Trans Canada Trail in Nova Scotia.	
2 pm	<b>Pecha Kucha Presentations: Stories from the Trail</b> <ol style="list-style-type: none"> <li>9. Wentworth - Four Seasons of Adventure and Trails – <i>Gregor Wilson, Wentworth</i></li> <li>10. The Seawall Trails – <i>Garnet McLaughlin and Tom Young</i></li> <li>11. Celebrating Along the Celtic Shores - <i>Mary Louise Mills</i></li> <li>12. Linking hiking and heritage to create new adventures - <i>Debra Ryan</i></li> </ol>	

2:30 pm	<ul style="list-style-type: none"> <li>Coffee and refreshment <b>Break &amp; Networking</b></li> <li><b>Silent Auction continues (Bid often!) - <u>Your last chance to bid on items - closes at 3:30 pm</u></b></li> <li><b>Trade show continues</b></li> </ul>		<b>2:45 - 4:15</b> <b>Outdoor Nature Fun</b> Colchester Recreation staff will host an outdoor, nature-themed activity for children 5-12 years old from about 2:45 pm (after a quick snack break) until 4:15pm.	
3 pm	Concurrent Sessions			
	<b>How building trails builds a strong rural economy: Sugar Moon's story</b> <i>Quita Gray, co-owner Sugar Moon Farm</i> Developing a sustainable year-round business in rural NS is challenging, but local trail development can definitely help. Listen to Sugar Moon's experience of partnering with trail organizations and embracing the hiking culture.	or		<b>How to Avoid Getting Lost</b> <i>Tom Fitzpatrick and Len Brandstad, Colchester Ground Search and Rescue</i> Learn what Ground Search and Rescue typically faces when hikers need their help - and how to avoid needing it.
3:30 pm	<b>Cobequid Eco-Trails Society Then and Now</b> <i>Sheila Wilson presenter, Director Cobequid Eco-Trails Society</i> The history of CETS and how they developed trails in a wilderness area.			
4:15 pm	<b>Wrap up – Hike NS and Cobequid Eco-Trails Society</b> <ul style="list-style-type: none"> <li>50/50 Draw</li> <li>Thank you and announcement of 2018 Hiking Summit location and co-host</li> <li>Pick up and Payment at Silent Auction Table continues (payment by credit card, e transfer, cheque or cash)</li> </ul>			
4:45 pm – 7 pm	<b>Hike –TBA</b>	or	<b>Hike – Butter Trail (rail trail)</b> <u>Leaders:</u> CETS Directors <u>Distance return:</u> 4-5 km <u>Difficulty level:</u> easy <u>Description:</u> This hike is on the rail trail and through the village, with little hill climbing and is on sidewalks or trail <u>Meet at:</u> North Colchester High School (90 Blair Ave., Tatamagouche)	
7 pm Royal Canadian Legion, 80 Queen St.	<b>Supper, Social &amp; Entertainment</b> <ul style="list-style-type: none"> <li>Turkey supper with options for special dietary needs</li> <li>Cash bar available</li> <li>Music provided by MacKinnon and Friends</li> <li>Pick up and Payment at Silent Auction Table continues (payment by credit card, e transfer, cheque or cash)</li> </ul>			

## Sunday, April 30

<i>Breakfast on your own</i>			
9 to 1:30	Concurrent Hikes		
	<u>9 am to 11:30 am</u> <b>Hike – Gully Lake to Nuttby Trail System</b> <u>Leaders:</u> CETS Directors <u>Distance return:</u> 5-6 km <u>Difficulty level:</u> Moderate <u>Description:</u> Choice of 3 trails approximately 5-6 km each with moderate hill climbing and rocky/ rooted paths <u>Meet at:</u> Directions to be given out at the Summit  <u>11:30 am - 12:30 pm</u> <b>Lunch</b> at the Earltown Community Centre, 5527 Highway 311, Earltown <i>(there is no option to do this last minute - you must have registered for this in advance when you registered for the Hiking Summit)</i>	or	<u>9:30 am - 1:30 pm</u> <b>Hike – Sandy Cope Trail</b> <u>Leaders:</u> CETS Directors <u>Distance return:</u> 10 km <u>Difficulty level:</u> Moderate <u>Description:</u> The hike is moderate due to the length and the path is rooted and rocky <u>Meet at:</u> Directions to be given out at the Summit  <b>Lunch:</b> You must bring your own lunch, water and snacks
1:30 - 4 pm	<b>Hike – Gully Lake to Nuttby Trail System</b> <u>Leaders:</u> CETS Directors <u>Distance return:</u> 5-6 km <u>Difficulty level:</u> Moderate <u>Description:</u> Choice of 3 trails approximately 5-6 km each with moderate hill climbing and rocky/ rooted paths <u>Meet at:</u> Directions to be given out at the Summit		